

[세미나 II]

은 영
경상대학교 간호학과

서 론

(Oh, et al., 1996; Heidrich, 1998)

2000 65
7% , 2020 13.3%

20 (Gu, 2000),

80% (US Special Committee on Aging, 1987),

1998 (Fries, Bloch, Harrington, Richardson & Beck, 1993)

15% (, 1998), (Gu, 2002).

80% 2001

600 (Pastorino, Dicky,1990)

(Gu et al., 2002; Eun & Gu, 1999; Gu & Eun, 2002), (Gu et al., 2002)

(Gu & Eun, 2002)

프로그램의 개발

(Morey et al. 1994). 2

1. 선행연구

11

9

6

(Gu, 2000)

(Eun et al., 2001)

4

1

CINAHL

2

Medline

1975 -1998

5

4

20

20

3

14

2

1

(Barbaro & Noyes, 1984), Medicare (Meyer et al. 1994; Vickery 1988), (Fries et al. 1993), (Morey et al. 1994)

1

1

(3),

(4), -

284

(7), (6), (3),

3

(Eun, et al. 2001).

(12), (11), (9), (2)

(5),

(1), (1), -

(3), (2), (4)

()

47.5%,

49.6%

1

2 4 (Kemper, 1986)

17.9%,

21.5%

1 2 , 3-5 6 (Warner-Reitz & Grothe, 1981)

2

5

7

3 ,

2

2

7

5

2

(Morey,

et al. 1994; Mount, 1991)

1 2 6
1
() 70%
(
)
(
)
()
(

2. 프로그램 내용 및 구성

1) 프로그램의 개발 경과

1999
, 2000
, 2000
, 2001

3) 프로그램의 구성원

25 2
) 5 (

2) 프로그램의 내용

7 (6 , 1)

1

1

1999

1

Gu(2000)

6

- 1 :

2 :

3 :

4 :

4) 프로그램의 교재 및 보조 물품

5 : (

“

”(Gu,

)

5-10

, 2002)

“

-

”

(Eun et al. 2002).

1 1 2 , 5 (10)

3. 프로그램 수행

()

1) 대상자의 홍보 및 모집
3

프로그램의 평가

, TV

2) 강사교육

(), 3 (1-5) 3.54±0.57, (1-5) 3.55±0.58, (1-5) 3.43±1.21
()
2 13 ()
-11 , -2) 1 .
5

3) 프로그램의 실시

2002 3 12
600 1 25 24
3

82 4
2 1
4 4
2 42
40

(1)

(5.85)
(6.72) (t= -4.139, P= 0.018).
(5.80) 4 (6.33)
(t= -2.479, P= 0.018).
(10.64)

(2)

(10.95) (10.55) (10.55)
4 (10.55)
(18.37)
(19.63) (t= -3.351, P= 0.001),
(18.08) 4 (18.71)

(3)

6

(43.82)
(51.09) (43.29)
4 (48.35)

($t = -4.647, P = 0.004$).

(7.04)

(6.00)

($t = -3.606, P = 0.001$).

(26.21)

(28.02)

4

(27.27)

($t = -3.033, P = 0.004$).

(5.85)

($t = -8.684, P = 0.000$).

4 (6.75)

(25.57)

마무리

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