

## 성인예방접종

### 유 병 육

순천향대학교 서울병원 가정의학과

#### COI (Conflict of Interest) Declaration

본 강좌의 내용에 대해서

본 강의의 강사는

한국MSD(유)의 부스 및 광고

후원을 받았음을 밝힙니다

2016년 대한임상건강증진학회 춘계학술대회

#### 왜 성인백신 접종이 필요한가? Why do we need Adult vaccination?

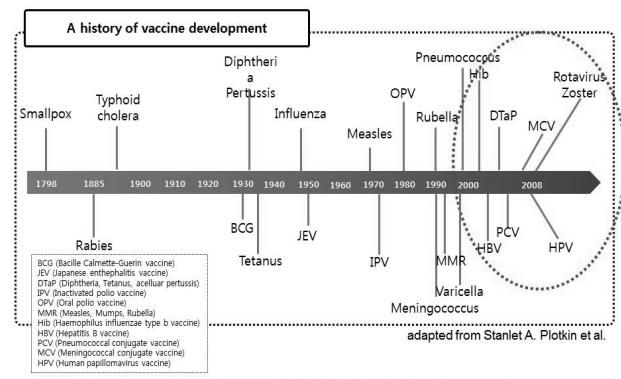
### 20세기 가장 위대한 의학적 성과

순위	성과	득표율(%)
1	깨끗한 물과 하수도 (개인위생)	15.8
2	항생제	14.5
3	마취	13.9
4	백신	11.8
5	DNA 구조 발견	8.8
6	세균 이론	7.4
7	경구 피임약	
8	근거중심의학	5.6
9	의학영상 (X-ray 등)	4.2
10	컴퓨터	3.6

1. Annabel Ferriman et al. Sanitation is greatest medical milestone since 1840. BMJ 2007;334:7385:111.

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### 백신 개발의 연혁



1. Plotkin SA, et al. The development of vaccines: how the past led to the future. Nature reviews Microbiology 2011;9:889-893

2.

Pharmaceutical Research and Manufacturers of America. Vaccine fact book 2013 Sep 2013

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## 성인 예방 접종과 소아 예방 접종의 비교

	소아	성인
접종대상	모든 소아 (일부 백신은 개인)	개인 (일부 백신은 모든 성인)
목표	개인 감염/발병의 예방	중증합병증, 입원/사망 감소
보건	유형 차단	질병부담 감소
예	홍역-불거리-풍진, 폴리오	인플루엔자, 폐렴알균

1. 대한감염학회\_성인예방접종\_2관도서출판 MIP\_P2-6

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## 50세 이상 장년층을 위한 예방접종



### ■ 50세 이상 장년층에서 예방접종의 필요성

- 나이가 들면서 면역기능이 저하 (면역노화 현상으로 감염질환에 취약하게 됨)
- 장년층은 감염질환에 대하여 방어력이 낮음
  - 감염을 예방하기 위한 예방접종 필요
- 예방접종: 취약한 감염질환의 발생 억제뿐 아니라 입원율 및 사망률을 낮추어 줌



50세 이상 만성질환이 없는 경우에도,  
주요 감염질환을 예방하기 위한  
백신을 접종 받아야 합니다.

## 50세 이상 장년층에서 접종해야 할 백신

	인플루엔자	폐렴사슬알균 감염증	대상포진	파상풍
특징	<ul style="list-style-type: none"> <li>흔한 호흡기 감염증</li> <li>쉽게 호전되나 50세 이상 장년층의 경우 폐렴등의 합병증 발생 위험이 높음 → 이로 인해 입원률, 사망률 높아짐</li> <li>65세 이상의에서는 위험성 더욱 높음</li> </ul>	<ul style="list-style-type: none"> <li>폐렴사슬알균은 폐렴, 뇌수막염, 폐렴증 등의 침습적 감염을 일으킬 수 있음</li> <li>연령이 증가함에 따라 발생률이 높아짐</li> </ul>	<ul style="list-style-type: none"> <li>수두대상포진 바이러스가 잠복되어 있다 재활성화 되어 발생하는 수포성 피부질환</li> <li>환자의 2/3이상이 50세 이상에서 발생</li> </ul>	<ul style="list-style-type: none"> <li>파상풍균이 생산하는 신경독이 신경계를 침범하여 근육의 긴장성 연축을 일으키는 치명적 질환</li> <li>장년층에서 많이 발생</li> <li>심각한 합병증 발생할 수 있음</li> </ul>
접종 권고 대상 & 시기	<ul style="list-style-type: none"> <li>장년층의 경우, 매년 접종 받아야 함</li> <li>매년 10월~12월           <ul style="list-style-type: none"> <li>- 이 기간에 접종 못한 경우: 인플루엔자 유행 시기 언제라도 접종 받아야 함</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>65세 이상 모든 성인</li> <li>65세 미만           <ul style="list-style-type: none"> <li>- 흡연 or 음주를 하는 경우</li> <li>- 당뇨병 등 만성 질환자</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>50세 이상의 성인 접종 가능</li> <li>60세 이상이라면 더욱 권고됨</li> </ul>	<ul style="list-style-type: none"> <li>10년에 한번씩 파상풍 백신(파상풍-디프테리아-백일해 백신)을 접종해야 함</li> </ul>

1. 대한감염학회\_장년층 백신 Available at <<http://www.ksid.or.kr/introduction/file/02.pdf>> Accessed on Sep 14, 2015

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## 2014 업데이트 가이드라인

KSID

ACIP

KSID : The Korean Society of Infectious Diseases  
ACIP : Advisory Committee on Immunization Practices

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## 2014년 성인 예방접종 권장 가이드라인

	2012 KSID Adult Vaccination guideline	2014 KSID Adult Vaccination guideline
KSID recommendation	<p>A. Adults aged 60 years or older should be vaccinated unless their condition constitutes a contraindication</p> <p>B. Zoster vaccine can be administered to persons aged 50 years or older (U)</p>	<p>A. Adults 60 years of age and older should receive shingles vaccination unless a contraindication or preexisting exists.</p> <p>B. Adults aged between 50 and 59 may be vaccinated depending on individual health conditions.</p>
Remarks	MFDS expanded available age for herpes zoster vaccination from 60 to 50 (2011, July 1 <sup>st</sup> )	In 2012, since ZEST study was not published, so recommendation level was undetermined for age of 50s.

Choi WS et al. Revised adult immunization guideline recommended by the Korean Society of Infectious Disease, 2014. *Infect Chemother* 2015;17(1):68-79.  
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## ACIP 백신 가이드라인 2014

### Recommended Adult Immunization Schedule—United States • 2014

Note: These recommendations must be read with the footnotes that follow, containing number of doses, intervals between doses, and other important information.

Figure 2. Vaccines that might be indicated for adults based on medical and other indications<sup>a</sup>

VACCINE ▾	INDICATION ►	Immunocompromising condition (excluding immunodeficiency virus [HIV] <sup>b,c,d</sup> )	Other infection (0+1 T-lymphocyte count) <sup>e,f</sup>	Men who have sex with men (MSM)	Kidney failure and stage (end-stage renal disease)	Heart disease, chronic heart failure, chronic atrial fibrillation	Aplasia (including elective splenectomy and persistent neutropenia)	Chronic liver disease	Diabetes	Health care personnel
Influenza <sup>g,h</sup>	Pregnancy <sup>i</sup>	1 dose IV annually					1 dose IV annually			
Tetanus, diphtheria, pertussis (Td/Tdap) <sup>j,k,l</sup>	Substitute 1-time dose of Tdap for Td booster; then boost with Td every 10 yrs									
Vaccine <sup>k</sup>	Contraindicated						2 doses			
Human papillomavirus (HPV) Female <sup>l,m</sup>	3 doses through age 26 yrs						3 doses through age 26 yrs			
Human papillomavirus (HPV) Male <sup>l,n</sup>	3 doses through age 26 yrs						3 doses through age 21 yrs			
Zoster <sup>o</sup>	Contraindicated						1 dose			

Adapted from Carolyn B et al.

Carolyn B et al. Advisory Committee on Immunization Practices Recommended Immunization Schedule for Adults Aged 19 years or older: united states, 2014. *Annals of Internal Medicine*, 160:3  
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## 대상포진의 질병부담

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### 대상포진 질병부담

Herpes Zoster BOD

98% have had VZV infection in US<sup>1</sup>

1 in 3 will have HZ in lifetime<sup>1</sup>

No screening test to prevent HZ<sup>2</sup>

This 'Cause' need to be taken up by multiple stake holders.

Of the estimated 1 million cases per year,<sup>3</sup> approximately 70% occur in adults ≥50 years of age<sup>4</sup>

VZV : varicella-zoster virus  
HZ : herpes zoster  
BOD : burden of disease

1. Harpaz R et al. Prevention of Herpes Zoster. www.cdc.gov/mmwr/2007/rr/51-1.htm  
2. Weller BA. Herpes Zoster Overview: Natural History and Incidence. J Am Osteopath Assoc 2009;109(suppl 2):S2-S6.  
3. Orman MN. Herpes Zoster Pathogenesis and Cell-Mediated Immunity and Immunosenescence. J Am Osteopath Assoc 2009;109(suppl 2):S13-S17.  
4. Pappagallo M et al. Pharmacological Management of Postherpetic Neuralgia. CNS Drugs 2003;17:771-780. VACC-1118664-0031 09/2017

### 대상포진 질병부담(한국, 2003-2007)

- Prevalence rates increased sharply after 50 years and reached a peak at 70 years
- The prevalence of zoster was about 1.4 times higher in women than in men Total socioeconomic cost of herpes zoster was \$75.9–143.8 million per year, increasing every year by 14–20%

**Patients diagnosed with HZ during 2003-2007 [HIRA]**

Age (yr)	Total	Male	Female
0-9	~2	~2	~2
10-19	~5	~5	~5
20-29	~8	~8	~8
30-39	~12	~12	~12
40-49	~18	~18	~18
50-59	~25	~20	~30
60-69	~22	~18	~25
70-79	~20	~15	~25
≥80	~18	~15	~20

Rates of clinic visits: 7.93–12.54 / 1000 population  
Rates of hospitalizations: 0.22–0.32 / 1000 population  
Increase in socioeconomic cost per year: 14–20%

HIRA: Health Insurance Review & Assessment Service  
\*Study design: We used the database of the Health Insurance Review & Assessment Service of Korea and analyzed the data of patients who had herpes zoster as a principal diagnosis during the period from 2003 to 2007. We investigated the annual prevalence, rate of clinical visits, rate of hospitalization, and the pattern of medical services use. The socioeconomic burden of herpes zoster was calculated by a conversion into cost.

1. Won Suk Choi et al. Disease burden of herpes zoster in Korea. Journal of Clinical Virology 2010;47:325-329  
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### 한국의 대상포진, 대상포진후신경통 발병률 2009 [HIRA]

- Prevalence aged ≥50 years: HZ: 18.54 per 1000 PY, PHN: 2.88 per 1,000 PY
- Highest prevalence rate observed in severe immunodeficiency

Age Group	Total	CIS Group 1	CIS Group 2	Non-CIS Group
50-59	~22	~20	~22	~22
60-69	~30	~28	~30	~30
70-79	~35	~33	~35	~35
>80	~30	~28	~30	~30

Age Group	Total	CIS Group 1	CIS Group 2	Non-CIS Group
50-59	~5	~5	~5	~5
60-69	~6	~6	~6	~6
70-79	~7	~7	~7	~7
>80	~8	~8	~8	~8

\*CIS: compromised immune status  
- CIS group 1: includes patients primarily diagnosed with severe CIS such as transplantation, hematological malignancies, or autoimmune deficiency disease  
- CIS group 2: includes those who were diagnosed with mild or moderate CIS such as rheumatoid arthritis, a solid tumor, or diabetes and excluded those who were in CIS group 1  
\*HIRA-K-NPS: Health Insurance Review and Assessment Service National Patients Sample  
\*HZ: Herpes Zoster; PHN: Postherpetic Neuralgia; PY: Person Year

\*Study Design: This is retrospective, population-based study using 2009 database from HIRA-K-NPS to calculate the prevalence and rate of healthcare utilization related to HZ and PHN among Korean patients stratified by immune status. HZ and PHN patients aged ≥ 50 years were categorized into three groups by immune status: severely immunocompromised group, moderately compromised group, and non-compromised group. The prevalence, disease-related healthcare utilization, and medical costs were compared across the three groups.

\*Reference: CL Cheong et al. Prevalence and healthcare utilization of herpes zoster and postherpetic neuralgia in Korea Disparity among patients with different immune status. Epidemiol Health 2014;36:e2014012. VACC-1118664-0031 09/2017

### 한국인의 나이에 따른 HZ Incidence 2011 [HIRA]

Age adjusted incidence of HZ according to sex

Age (yr)	Total	Male	Female
0-9	~2	~2	~2
10-19	~5	~5	~5
20-29	~8	~8	~8
30-39	~12	~12	~12
40-49	~18	~18	~18
50-59	~25	~20	~30
60-69	~22	~18	~25
70-79	~20	~15	~25
≥80	~18	~15	~20

Overall Incidence: 10.4 per 1,000 PY  
Incidence in women: 12.6 per 1,000 PY  
Incidence in men: 8.3 per 1,000 PY  
1.5 fold higher incidence in women

HZ: Herpes Zoster; PY: Person Year  
HIRA: Health Insurance Review & Assessment Service

- Incidence of HZ is 10.4 per 1,000 PY strongly correlated with age.
- HZ Incidence is higher than previous studies (median 4.45 per 1,000 PY).

\*Study Design: The purpose of this study was to evaluate the incidence and other epidemiological features of HZ in the general Korean population. We used population-based medical records from the Health Insurance Review & Assessment Service, which includes 50,908,646 medical insurance subscribers, to calculate the incidence of HZ. Also, we analyzed an age-stratified random sample of 1,375,842 individuals to study descriptive epidemiologic characteristics of HZ in Korea in 2011.

\*Reference: YJ Kim et al. Population-Based Study of the Epidemiology of Herpes Zoster in Korea. JKMS 2014;29:1706-1710. VACC-1118664-0031 09/2017

### 연령에 따른 CMI 감소

CMI: Cell mediated immunity

Age at Randomization (Years)	n	Mean RCF Value	p-value
60-64	n=447	~7.0	P = .523
65-69	n=376	~6.5	P = .001
70-74	n=313	~5.0	P = .380
75-79	n=197	~4.5	P = .142
>79	n=62	~3.5	P < .001

\*Study design: The immunology substudy enrolled 1195 subjects at 2 sites where blood samples obtained prior to vaccination, at 6 weeks after vaccination, and at 1, 2, and 3 years thereafter were tested for VZV-specific cell-mediated immunity (VZV-CMI) by gamma-interferon ELISPOT and responder cell frequency assays and for VZV antibody by glycoprotein ELISA.

RCF: Responder cell frequency (the number of responding CD4+ memory T cells per 10<sup>6</sup> peripheral blood mononuclear cells).  
1. Levin MJ et al. Varicella-zoster virus-specific immune responses in elderly recipients of a herpes zoster vaccine. J Infect Dis 2008;197(6): 825-835.

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## 대상포진 위험인자

(Age, DM, COPD, CKD, Family History)

DM : Diabetes mellitus  
COPD : Chronic obstructive pulmonary disease  
CKD : Chronic kidney disease

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### 대상포진 위험인자

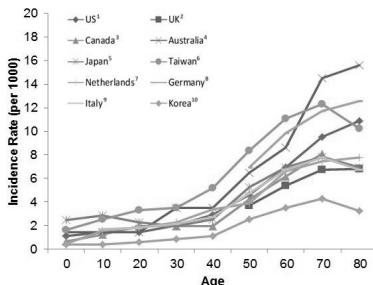
- Age<sup>1</sup>
- Diabetes Mellitus<sup>2</sup>
- COPD<sup>3</sup>
- Chronic Kidney Disease<sup>4</sup>
- Family History<sup>5</sup>

1. Won-Sik Choi et al. Disease burden of herpes zoster in Korea. *Journal of Clinical Virology*. 47 (2010) 325-329;
2. Jose et al. Incidence of Herpes Zoster and Persistent Post-Zoster Pain in Adults with or without diabetes in the United States OFID. 2014 DOI: 10.1093/ofid/ofu045
3. Ya-Wen Yang MD, MS et al. Risk of herpes zoster among patients with chronic obstructive pulmonary disease: a population-based study. *CMAJ* 2011; DOI: 10.1503/cmaj.101137
4. Mei-Yi Wu et al. Risk of Herpes Zoster in CKD: A Matched-Cohort Study Based on Administrative Data. *Am J Kidney Dis.* 2012;60(4):548-552
5. Hernandez PO. Family history and herpes zoster risk in the era of shingles vaccination. *J Clin Virol.* 2011 Dec;52(4):344-8

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### 연령이 증가함에 따라 대상포진 발병이 증가(Worldwide)

나이에 따른 대상포진의 발생률



References: 1. Irlstra RP et al. *J Gen Intern Med*. 2005;20(8):749-753. 2. Gauthier, A et al. *Epidemiol Infect*. 2008, 137:38-47. 3. Brisson M et al. *Epidemiol Infect* 2001, 127:305-314. 4. Stein AN et al. *Vaccine*. 2009, 27:520-529. 5. Toyama N et al. *Journal of Medical Virology*. 2009, 81:2053-2058. 6. Lin YH et al. *Vaccine*. 2010, 28:1217-1220. 7. de Melker H et al. *Vaccine*. 2006, 24:3945-3952. 8. Utsch S et al. *BMC Infectious Diseases*. 2011; 11: 9. Gallorelli et al. *Infect Dis Ther*. 2010, 10:230; 10. Won-Sik Choi et al. *Journal of Clinical Virology*. 47 (2010) 325-329.

### 당뇨 환자에서의 대상포진 위험

자료	국가	출처	연구 설계	연구 대상	기간	결과 (당뇨 환자에서의 대상포진 위험)
1)	미국	Medical and pharmacy claims	Retrospective observational study	전체 5,100만명 중 대상포진 (n= 420,515)	2005-2009	당뇨 환자에서 대상포진 HR = 1.45 대상포진 후 지속적 통증 HR = 1.18
2)	미국	보험 청구 자료	matched cohort study	1형 당뇨 (n=20,397) 대조군 (n=81,588) 2형 당뇨 (n=380,401) 대조군 (n=1,521,604)	1997-2006	1형 당뇨 : No evidence 2형 당뇨 : 65세 이상 HR 3.12 - 40-64세 사이 HR 1.51
3)	영국	Clinical Practice Research Datalink	Case-control study	대상포진 (n= 144,959) 대조군 (n=549,336)	2001-2011	1형 당뇨 : 보정된 OR 1.27 2형 당뇨 : No evidence
4)	미국	MarketScan	Case-control study	대상포진 (n= 59,173) 대조군 (n=616,177)	2007-1-12월	20-64세 사이 보정된 OR : 1.06 (1.03-1.09)
5)	일본	Kitano Hospital-based Research Database	Retrospective hospital-based cohort study	기저질환을 가진 55,492 명의 환자	2001-2007	보정된 HR : 2.44 (2.10-2.85)
6)	이스라엘	Maccabi Healthcare Services	Nested Case Control study	대상포진 (n=22,294) 대조군 (n= 88,895)	2002-2006	OR = 1.53 (1.44-1.62)

2) Jose et al. Incidence of Herpes Zoster and Persistent Post-Zoster Pain in Adults with or without diabetes in the United States OFID. 2014 DOI: 10.1093/ofid/ofu045  
3) A2. Gasparrini et al. The risk of herpes zoster among diabetics: a matched cohort study. In a US insurance claim database before introduction of vaccination. 1987-2006. *Arthritis* (2014) 42:729-735

4) Henriet I et al. Quantification of risk factors for herpes zoster population based case-control study. *BMJ* 2014;348:g2911 doi: 10.1136/bmj.g2911

5) A. Hata et al. Risk of herpes zoster in patients with underlying diseases: a retrospective hospital-based cohort study. *Infection*. 2011;39(3):317-44

6) A.O. Heymann et al. Diabetes as a Risk Factor for Herpes Zoster Infection: Results of a Population-based Study in Brazil. *Infection*. 2008;36:228-230

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### 미국 내 성인에서 당뇨 유무에 따른 대상포진 및 지속적 통증 발생률 (1)

- 2005-2009년, 후향적 관찰 연구
- 3개의 대규모 국가 데이터베이스 내 의료/약료 보험청구 data

commercial	Medicare	Medicaid
• 18-64세	• 65세 이상	• 18-64세
• 직장인 및 부양 가족 (3천만명)	• 은퇴자 (2천 2백만명)	• 미국 12개 주 내 저소득자 (3백만명)

- 5,100 만명의 참여 인원 (~8800만 인년[PY]) 중, 420,515건의 대상포진 cases 포함
- HZ 와 PPZP (Persistent Post-zoster pain) 와 당뇨의 연관성을 연구
  - PPZP : 대상포진 후 삼차신경병증, 대상포진 후 디발성신경병증, 대상포진과 동반된 신경계 합병증이 있고 30일 이상 약제 처방을 받은 경우, 대상포진 전단 후 신경통/신경염/신경근염 진단을 받은 경우
- 성별, 연령, 면역 상태에 따라 분석

Jose et al. Incidence of Herpes Zoster and Persistent Post-Zoster Pain in Adults with or without diabetes in the United States OFID. 2014 DOI: 10.1093/ofid/ofu045  
VACC-1118664-0031 09/2017

### 미국 내 성인에서 당뇨 유무에 따른 대상포진 및 지속적 통증 발생률 (1)

- 매년 미국에서 발생하는 120만 건의 대상포진 case 중 13%는 당뇨 환자에서 발생
- 당뇨 환자에서, HZ의 adjusted risk 가 45% 높았고 (HR=1.45), PPZP의 경우 adjusted odds가 18% 더 높았음 (OR = 1.18)
- 여성에서, 대상포진의 위험이 남성에 비해 41% 증가 (HR = 1.41)
- 알/HIV/장기 및 조혈모세포이식 등 면역 저하 환자에서, 당뇨와 관련된 HZ의 위험은 적은 폭으로 상승(HR = 1.10), PPZP의 위험에 대해서는 유의하지 않은 증가를 보였음

Hazard Ratio	Herpes Zoster		Persistent Post-Zoster Pain, if Herpes Zoster	
	95% Confidence Interval [CI]	Odds Ratio	95% CI	Odds Ratio
Total study population				
Diabetes				
Yes	1.45 (1.43-1.46)	1.18 (1.13-1.24)		
No	Ref.	Ref.		
Sex				
Females	1.40 (1.39-1.41)	1.08 (1.04-1.12)		
Males	Ref.	Ref.		

Jose et al. Incidence of Herpes Zoster and Persistent Post-Zoster Pain in Adults with or without diabetes in the United States OFID. 2014 DOI: 10.1093/ofid/ofu045  
VACC-1118664-0031 09/2017

## 당뇨 환자에서의 대상포진 위험: 미국 보험청구 database (2)

### • 연구 방법

- > 1997-2006년 자료, Retrospective cohort study
- > 미국 IHCS (Integrated Health Care information services database) 활용
- > 연구 집단
  - 1형 당뇨 : 20세 이전 당뇨 증세가 있고 인슐린을 투여받는 사람
  - 2형 당뇨 : 모든 경구용 항당뇨제를 복용하는 환자
  - 1형 당뇨 환자 (n=20,397) + matched control (n=81,588)
  - 2형 당뇨 환자 (n=380,401) + matched control (n=1,521,604)

### • 면역체 상태 or 치료 환자는 제외됨

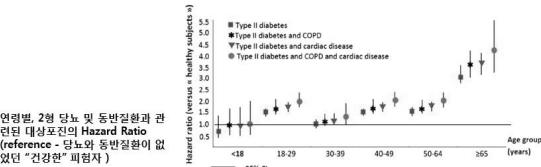
- 암, 신질환, 간질환, 대사성 질환, 대상포진 병력 환자 등
- COPD, cardiac disease 환자는 포함

> Cox-proportional hazard regression analysis using a stepwise method

(Reference) A.P. Guignard et al. Risk of herpes zoster among diabetics: a matched cohort study in a US insurance claim database before introduction of vaccination, 1997-2006. *Infection* (2014) 42:729-735  
VACC-1118664-0031 09/2017

## 당뇨 환자에서의 대상포진 위험: 미국 보험청구 database (2)

- > 2형 당뇨병 환자가 대상포진의 증가된 위험과 관계가 있었음
  - > ≥ 65 years : HR 3.12 [2.77-3.52], adjusted for gender
  - > 40 ~ 64 years : HR 1.51 [1.42-1.61]
- > 1형 당뇨병의 대상포진의 impact에 대해서는 evidence 가 없었음
- > 심장 질환 (HR 1.92) 및 만성 폐질환 (HR 1.52) 역시 위험 인자였음



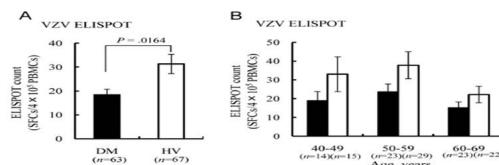
\*Study Design: The study conducted a retrospective cohort study using the Integrated Health Care Information Services database, during the period 1997-2006 A type I diabetes was defined as type II diabetes and a type II diabetes was defined as those who had at least one prescription of insulin or oral diabetes drugs. Diabetes were defined using a combination of ICD-9 and prescription drug codes. Individual's immunosuppressive condition or treatment were excluded. Cox Proportional Hazards regression analysis using a stepwise method with backward elimination was applied to estimate the hazard ratios (HR) of HZ, including age, gender and co-morbidities as covariates.

Reference) A.P. Guignard et al. Risk of herpes zoster among diabetics: a matched cohort study in a US insurance claim database before introduction of vaccination, 1997-2006. *Infection* (2014) 42:729-735  
VACC-1118664-0031 09/2017

## 당뇨환자의 세포매개면역

### Comparison of Varicella-Zoster Virus-Specific Immunity of Patients with Diabetes mellitus and Healthy Individuals

- > Blood samples for the IFN-γ ELISPOT assay and gpELISA were collected during a single phlebotomy session (63 DM, 67 healthy pts)
- > VZV-specific CMI, but not the humoral immunity, was statistically significantly lower among patients with diabetes mellitus than it was among healthy volunteers



CMI = Cell-Mediated Immunity; VZV = Varicella-Zoster Virus; DM = Diabetes Mellitus; HV = Healthy volunteers; IFN-γ = interferon-gamma; SFC = spot-forming cell  
\*Study design: Blood samples for the IFN-γ ELISPOT assay and gpELISA were collected during a single phlebotomy session (63 DM, 57 HVs). 36 healthy pts. 56 healthy pts. IFN-γ ELISPOT counts and gpELISA counts were used to compare the cellular and humoral immune responses. The correlation coefficient and p-value was used to analyze the correlation between IFN-γ ELISPOT counts and the percentage of hemoglobin A1c (HbA1c).

Shigefumi Okamoto et al. Comparison of Varicella-Zoster Virus-Specific Immunity of Patients with Diabetes mellitus and Healthy Individuals. *JID* 2009; 200:1606-10.  
VACC-1118664-0031 09/2017

## COPD환자, 대상포진 발병위험이 증가

Reference	Country	Data Source	Study Design	Study Population	Period	Results (Risk for HZ in COPD patients)
1)	Taiwan	Taiwan Longitudinal Health Insurance Database	Cohort Study	COPD patients (n= 8,486) matched control patients (n=33,944)	2004-2006	Crude HR: <b>1.98</b> (95% CI 1.73-2.26) Adjusted HR: <b>1.68</b> (95% CI 1.45-1.95)
2)	UK	Clinical Practice Research Datalink	Case-control study	HZ case(n= 144,959) Control(n=54,936)	2001-2011	Chronic obstructive pulmonary disease were associated with increased risk of zoster 6815(4.7%) v 20 201 (3.7%); <b>1.32</b> , 1,27 to 1,37
3)	US	MarketScan data	Case-control study	HZ case(n= 59,173) Control(n=61,617)	Jan 1, 2007 - Dec 1, 2007	Adjusted OR(95% CI) with COPD among cases and controls aged 20 to 64 is <b>1.35</b> (1.23-1.47)

- COPD: Chronic obstructive pulmonary disease -HZ: Herpes Zoster

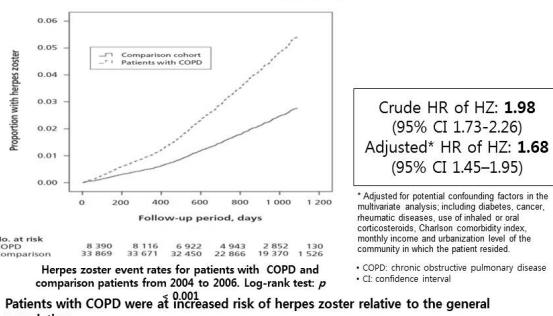
1) Ya-Wen Yang MD MS et al. Risk of herpes zoster among patients with chronic obstructive pulmonary disease: a population-based study. *CMAJ* 2011; 183:101503 /cmaj/101137.

2) Harriet J et al. Quantification of risk factors for herpes zoster: population based case-control study *BMJ* 2014;348:g2911 doi: 10.1136/bmj.g2911

3) Riduan M. Joesoef et al. Chronic Medical Conditions as Risk Factors for Herpes Zoster. *Mayo Clin Proc* 2012;87(10):961-967

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## COPD환자, 대상포진 위험증가 Taiwan 연구결과



\*Study Design: To investigate the risk of HZ among patients with COPD, we conducted a cohort study using data from the Taiwan Longitudinal Health Insurance Database. We performed Cox regressions to compare the hazard ratio (HR) of herpes zoster in the COPD cohort and in an age- and sex-matched comparison cohort. We divided the patients with COPD into three groups according to use of steroid medications and performed a further analysis to examine the risk of herpes zoster

\*Reference) Ya-Wen Yang MD MS et al. Risk of herpes zoster among patients with chronic obstructive pulmonary disease: a population-based study. *CMAJ* 2011; 183:101503 /cmaj/101137.

DOI:10.1503/cmaj.101137  
VACC-1118664-0031 09/2017

## CKD 환자, 대상포진 위험 증가

Reference	Country	Data Source	Study Design	Study Population	Period	Results (Risk for HZ in CKD patients)
1)	Taiwan	Taiwan Longitudinal Health Insurance Database	Matched-Cohort Study	CKD patient (n=13,321) comparison cohort (n=66,605)	2004-2006	Crude HR for HZ: <b>1.64</b> (1.46-1.85) Adjusted* HR for HZ: <b>1.60</b> (1.41-1.81)
2)	UK	Clinical Practice Research Datalink	Case-control study	HZ case (n= 144,959) Control (n=54,936)	2001-2011	CKD is associated with a greater than 10% increased risk of zoster(8724 (6.0%)v 29 437 (5.4%); <b>1.14</b> , 1,09 to 1,18)
3)	Taiwan	Longitudinal Health Insurance Database in Taiwan	Retrospective cohort study	13,321 patients with CKD diagnosis	Jan 1, 1996 up to Dec 31, 2008	• Renal transplantation (HR, <b>8.46</b> ; 95% CI 5.85-12.2) • Peritoneal dialysis (HR 3.61; 95% CI 2.49-4.33) • Hemodialysis (HR 1.35; 95% CI 1.18-1.55) compared with the comparison group (p <0.0001)
4)	Japan	Kitano Hospital Research Database	Retrospective hospital-based cohort study	55,492 patients with underlying disease	2001-2007	Adjusted HR (95% CI) for HZ in patients with renal failure is <b>2.14</b> (1.65-2.79)

- CKD: Chronic Kidney Disease -HZ: Herpes Zoster

1) Mei-Yi Wu et al. Risk of Herpes Zoster in CKD: A Matched-Cohort Study Based on Administrative Data. *Am J Kidney Dis*. 2012;60(4):546-552

2) Harriet J et al. Quantification of risk factors for herpes zoster: population based case-control study *BMJ* 2014;348:g2911 doi: 10.1136/bmj.g2911

3) Shih J L et al. Comparison of Herpes Zoster Incidence across the Spectrum of Chronic Kidney Disease, Dialysis and Transplantation. *Nephrol*. 2012;36:27-33

4) A. Hata et al. Risk of Herpes zoster in patients with underlying diseases: a retrospective hospital-based cohort study. *Infection*. 2013;39(6):557-44

## 가족력과 대상포진

자료	국가	연구 설계	결과
1)	미국	Case control study, - 1103 acute herpes zoster patients and 523 controls - 2006.07-2010.07	대상포진 환자 중 가족력 있음 (43.5%) vs. 대조군 환자 중 가족력 있음 (10.5%) 1촌 가족력 있는 경우, Odds Ratio = 4.44
2)	프랑스	National, matched case-control study - 250 cases of Hz and 500 controls. - 2009.04-2010.09	가족력과 대상포진은 유의한 연관성을 보임 Odds Ratio = 3.69
3)	이란	Case-control study - 217 case and 200 control groups. - 2009.02-2011.12	대상포진 환자 중 1촌 가족력이 있음 (30%) vs. 대조군 중 가족력 있음 (8%) Odds Ratio = 4.91

1. Hernandez PO, Family history and herpes zoster risk in the era of shingles vaccination. *J Clin Virol.* 2011 Dec;52(4):344-8.

2. Lassere A, Herpes zoster: Family history and psychological stress—Case-control study. *J Clin Virol.* 2012 Oct;55(2):153-7.

3. Ansar A, Association between Family History and Herpes Zoster: A Case-Control Study. *J Res Health Sci.* 2014;14(2):111-4.

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## 대상포진과 유전 인자

### HLA 유전형과 PHN risk에 대한 메타분석<sup>1</sup>

- 이전에 실시되었던 HLA 유전형 관련 연구들을 메타분석한 결과, HLA-A\*33 및 HLA-B\*44 형질이 PHN 환자에서 유의하게 많이 발현되었으나, HLA-A\*02 및 HLA-B\*40의 경우 유의하게 발현되지 않음
- VZV peptide와 affinity 분석을 한 결과, HLA-A\*02 O B\*44번에 비해 ~7배 더 높은 affinity를 보임
- PHN의 가능한 underlying cause가 약한 HLA binding peptide affinity로 인한 이상적이지 않은 anti-VZV immune response로 인한 것이라고 시사

### 대상포진 환자에서 Genome-wide association analysis<sup>2</sup>

- 22,981명의 환자 (2,280명의 대상포진 환자 포함)를 대상으로 실시한 genome-wide association analyses에서, MHC complex 내 non-coding gene HCP5 (HLA complex P5)가 대상포진 발병 연령과 관계되어 있다고 밝혀짐

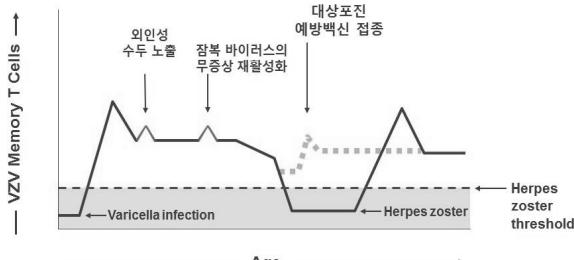


1. Mazzoni P et al. Varicella-zoster virus-derived MHC class-I-restricted peptide affinity is a determining factor in the HLA risk profile for the development of PHN. *J Virol.* 2015 Jan 15;89(2):992-9.

2. Crossin DE et al. Genetic variation in the HLA region is associated with susceptibility to herpes zoster. *Genes Immun.* 2015 Jan;16(1):1-7.

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## 세포매개 면역의 약화와 잠복한 VZV의 재활성화와의 관련성<sup>1</sup>



VZV=varicella-zoster virus.

- From *N Engl J Med*, Arvin A, Aging, immunity, and the varicella-zoster virus, Vol 352, p 2266-2267, © 2005 Massachusetts Medical Society. Reprinted with permission from Massachusetts Medical Society.

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## About ZOSTAVAX™ [Zoster Vaccine Live (Oka/Merck)]



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## ZOSTAVAX™ [Zoster Vaccine Live (Oka/Merck)] 제품 프로파일<sup>2</sup>

- 약독 VZV 생바이러스 백신
- Dose당 19,400 PFU 이상<sup>1</sup>
  - VARIVAX™ [Varicella Virus Vaccine Live (Oka/Merck)] 14배 이상의 효력
- 보존제 없음
- 동결건조 제품
- 1회 피하주사



- PFU=plaque-forming unit; VZV=varicella-zoster virus  
1. Osman MH et al. *N Engl J Med.* 2005;352:2271-2284.  
2. 조스티박스 제품설명서, MSD Korea.

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## ZOSTAVAX™ [Zoster Vaccine Live (Oka/Merck)] 적응증과 금기사항

### 적응증

- ZOSTAVAX는 50세 이상 성인의 백신 접종에 사용됩니다.
- 대상포진의 예방

### 금기

- 젤라틴, 네오마이신 등 이 백신의 구성 성분에 대해 과민반응이 있는 자
- 원발성 및 후천적 면역결핍 환자
- 고용량 코르크스테로이드 포함, 면역억제요법을 받고 있는 환자
- 치료받고 있지 않는 활동성 결핵 환자
- 임부 또는 임신 가능성이 있는 여성

1. 조스티박스™ 제품설명서

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## 조스타박스™의 Real world effectiveness<sup>1</sup>

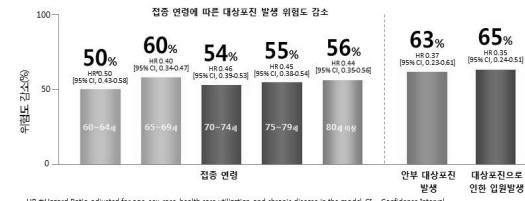
- 조스타박스는 303,044명(조스타박스 접종자 75,761명)을 대상으로 한 대규모 Real World Study에서도 입증된 유효성을 보였습니다.
- 목적 : general practice setting에서 백신 접종자의 대상포진 발생 위험을 평가하고자 함.<sup>1</sup>
- 방법 : 후향적 관찰 코호트 연구(2007/1/1~2009/12/31)로 Kaiser Permanente Southern California(KPSC) health plan(가입자 수 320만명)에 등록된 환자를 대상으로 함.<sup>1</sup>
  - > 60세 이상 면역이 정상인 지역사회 거주자(평균연령 69.6세)
  - > 백신 접종 받은 코로트(75,761명)에 1:3 비율로 비-접종자(227,283명)를 연령별로 매치함.
  - > 면역 저하자가 아니며, 6개월 내에 대상포진 병력이 없는 사람으로 함.

1. Tseng HF et al. Herpes zoster vaccine in older adults and the risk of subsequent herpes zoster disease. JAMA 2011;305(2):180-186.

VACC-1118664-0031 09/2017

## 조스타박스™는 실제 대상포진 발생의 위험성 감소시킴<sup>1</sup>

- 조스타박스는 303,044명(조스타박스 접종자 75,761명)을 대상으로 한 대규모 Real World Study에서도 입증된 유효성을 보였습니다.
- 조스타박스는 60세 이상에서 연령에 관계없이 대상포진 발생 위험을 55% 감소(HR, 0.45; 95% CI, 0.42~0.48) 시켰습니다.



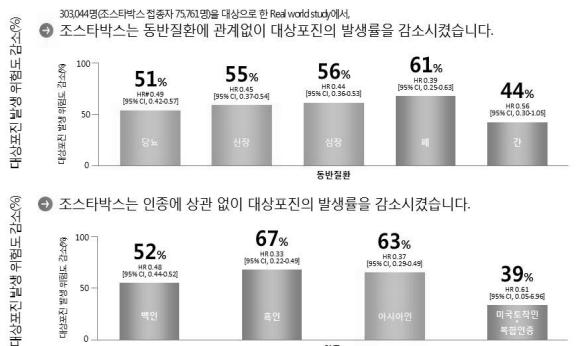
HR = Hazard Ratio, adjusted for age, sex, race, health care utilization, and chronic disease in the model. CI = Confidence Interval  
Study design: Retrospective cohort study from January 1, 2007 through December 31, 2009. Participants were individual enrolled in the Kaiser Permanente Southern California health plan and were immunocompetent community-dwelling adults aged 60 years or older. The 75,761 members in the vaccinated cohort were age-matched (1:3) to 227,283 unvaccinated members. The objective was to evaluate risk of herpes zoster after receipt of herpes zoster vaccine among individuals in general practice settings.

\* Merck had no role in the generation of these data nor the publication--information summarized at NACI requested.

1. Tseng HF et al. Herpes Zoster Vaccine in Older Adults and the Risk of Subsequent Herpes Zoster Disease. JAMA 2011;305(2):180-186.

VACC-1118664-0031 09/2017

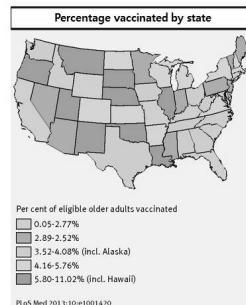
## 조스타박스™의 Real World Effectiveness<sup>1</sup>



1. Tseng HF et al. Herpes Zoster Vaccine in Older Adults and the Risk of Subsequent Herpes Zoster Disease. JAMA 2011;305(2):180-186.

## 미국 : 대상포진 국가접종 후 효과측정<sup>a</sup>

- 2007-2009
- Medicare
- 766,330명의 가능한 피험자 중 29,785명이 연구 기간 중 대상포진 백신 접종, ≥ 65세 대상포진 발생 감소효과 : 48%



Percentage vaccinated by state  
Per cent of eligible older adults vaccinated  
■ 0.05-2.7%  
■ 2.89-2.52%  
■ 3.52-4.08% (incl. Alaska)  
■ 4.16-5.76%  
■ 5.80-11.02% (incl. Hawaii)  
\*Study design: A cohort study of 766,330 fully eligible individuals aged ≥65 years was undertaken in a random sample of Medicare who received and did not receive zoster vaccination between January 1, 2007 and December 31, 2009. Incidence rates and hazard ratios for zoster and PHN were determined for vaccinated and unvaccinated individuals. Analyses were adjusted for age, gender, race, low income, immunosuppression, and immunosuppressive treatments associated with zoster, and then stratified by immunosuppression status.

1. Langen SM et al. Herpes zoster vaccine effectiveness against incident herpes zoster and post-herpetic neuralgia in an older US population: a cohort study. PLoS Med 2013;10:e1001420.

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## 대상포진의 비용대비 백신효과에 대한 연구<sup>a</sup>

"영국, 캐나다, 미국에서 백신 대비 대상포진질환으로 인한 질병 부담 및 직간접적 발생비용에 대한 연구를 한 결과, 비용대비 삶의 질 개선 측면에서 유리하였다는 결론<sup>\*</sup>



\*Study design: MEDLINE, EMBASE and Database search terms were 'varicella-zoster virus vaccine live' or 'zoster vaccine live'. Searches were last updated 4 December 2009.

<sup>a</sup> 영국의 경우 65세 이상, 미국의 경우 70~80세, 캐나다의 경우 60~74세 이상의 환경

1. Sanford M, Keating GM. Zoster Vaccine (Zostavax): A Review of its Use in Preventing Herpes Zoster and Postherpetic Neuralgia in Older Adults. Drugs Aging 2010; 27 (2): 159-176.

## ZOSTAVAX™의 접종으로 대상포진과 관련된 의료비 부담을 감소

- 미국에서 60세 이상의 1,000,000명에게 접종을 하면 대상포진관련 의료이용의 중요한 감소 가 나타날 것으로 예상된다

- 11,685명의 입원

- 11,251명의 응급실 방문

- 359,581건의 외래 방문

\*Study design: An age-specific decision analytic model was designed to estimate the lifetime costs and outcomes associated with HZ, PHN and other HZ-related complications for vaccinated and non-vaccinated cohorts aged ≥60 years. Clinical trial data, published literature and other primary studies were used to inform the model. Robustness of results to key model parameters was explored through a series of one-way, multivariate and probabilistic sensitivity analyses. Both societal and payer perspectives were considered.

Pt=post-herpetic neuralgia  
HZ=herpes zoster

1. Pelizzetti JM et al. Evaluation of the cost-effectiveness in the United States of a vaccine to prevent herpes zoster and postherpetic neuralgia in older adults. Vaccine 2007;25:826-37.

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**조스타박스™의 NNV (Number-needed to vaccinate)**

- 조스타박스로 HZ-관련 결과변수를 예방하기 위한 NNV<sup>1</sup>
  - HZ의 증례: 9 - 55
  - HZ의 상담: 4 - 25
  - PHN의 증례: 41 - 67
  - 입원일: 32 - 33
  - QALY 손실: 154 - 289
  - 입원: 374 - 428
- 다른 성인 백신으로 1 증례를 예방하기 위한 NNV\*
  - 백일해: 20 - 60<sup>2</sup>
  - 인플루엔자: 43<sup>3</sup>

**조스타박스는 대상포진을 예방하는 효과적인 접근법이다**

HZ = Herpes Zoster, PHN = Post-Herpetic Neuralgia, QALY = Quality Adjusted Life Year

1. Brisson M. Estimating the Number Needed to Vaccinate to Prevent Herpes Zoster-related Disease, Health Care Resource Use and Mortality. *Can J Public Health*. 2008; 99:283-8.

2. VanGe A et al. Adolescent and adult meningitis vaccination: computer simulations of five new strategies. *Vaccine*. 2004; 22: 3154-3165;

3. Kelly H et al. The number needed to vaccinate (NNV) and population extensions of the NNV: comparison of influenza and pneumococcal vaccine programmes for people aged 65 years and over. *Vaccine*. 2004; 22:2192-8.

VACC-1118664-0031 09/2017

## Patients' Attitudes toward the Herpes Zoster Vaccination in South Korea

VACC-1118664-0031 09/2017

**Patients' Attitudes toward the Herpes Zoster Vaccination in South Korea**

- Study Overview**

\*Behavioral factors  
✓ awareness of the potential severity of HZ and efficacy of HZ vaccination  
✓ awareness of the cost of vaccination  
✓ physician's recommendation of vaccination

- Study Design**: Cross-sectional, Single Center Study [23Aug,2013 - 15Sep,2013]  
KUGH: Korea University Guro Hospital, ID: Infectious disease, OP: Outpatient, HZ: Herpes Zoster

Tae Un Yang et al. Survey on public awareness, attitudes, and barriers for herpes zoster vaccination in South Korea. *Hum Vaccin Immunother*. 2015;11(3):719-26.  
VACC-1118664-0031 09/2017

## Awareness of HZ and HZ vaccination

- 85.7% (517/603) reported they had heard of HZ and 43.6% (225/516) were aware of HZ vaccination
- Subjects aware of HZ were more likely to be women and younger, except for the group aged 20-29 y
- Subjects who reached higher education levels were more likely to be aware of HZ ( $p < 0.001$ , linear by linear test)
- Higher monthly income were generally more likely to be aware of HZ

% of HZ awareness among subjects who had heard of HZ

Tae Un Yang et al. Survey on public awareness, attitudes, and barriers for herpes zoster vaccination in South Korea. *Hum Vaccin Immunother*. 2015;11(3):719-26.  
VACC-1118664-0031 09/2017

**Attitude toward being vaccinated or vaccinating parents against HZ**

- 85.6% (507/592) subjects aware of HZ were willing to be vaccinated or vaccinate their parents against HZ
- Main concern for subjects aged ≥50 y was the cost of vaccine (58.8%, 20/34) and that for subjects aged <50 y was lack of physician's recommendation (36.4%, 4/11) and adverse events following immunization (36.4%, 4/11)

**Main reasons for not being vaccinated (N=73)**

Tae Un Yang et al. Survey on public awareness, attitudes, and barriers for herpes zoster vaccination in South Korea. *Hum Vaccin Immunother*. 2015;11(3):719-26.  
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## Willingness to be vaccinated and barriers for vaccination

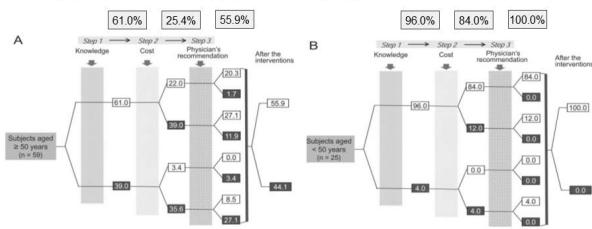
Impact of knowledge, cost, and physician's recommendation on the intention to be vaccinated(A), or allowing parents to be vaccinated (B) against HZ among subjects who had heard of HZ

- Overall the high cost decreased the acceptance of vaccination and physician's recommendation restored this acceptance.
- Among <50 y, with knowledge of the HZ and its vaccine, cost, and physician's recommendation, the acceptance proportion increased from 90.4% to 95.8% while aged ≥ 50 y decrease from 82.2% to 80.7%.

Tae Un Yang et al. Survey on public awareness, attitudes, and barriers for herpes zoster vaccination in South Korea. *Hum Vaccin Immunother*. 2015;11(3):719-26.  
VACC-1118664-0031 09/2017

## Willingness to be vaccinated and barriers for vaccination

Impact of knowledge, cost, and physician's recommendation on the intention to be vaccinated(A), or allowing parents to be vaccinated (B) against HZ among subjects who had never heard of HZ



- Among subjects aged ≥50 years and <50 years who had never heard of HZ, 55.9% and 100% decided to be vaccinated after physician's recommendation

Tae Un Yang et al. Survey on public awareness, attitudes, and barriers for herpes zoster vaccination in South Korea. Human Vaccines & Immunotherapeutics 2015 VACC-1118664-0031 09/2017

## Conclusion

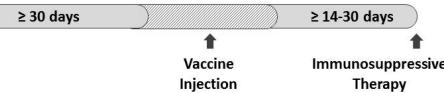
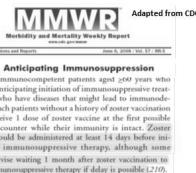
- Among 603 subjects who completed the survey, 85.7% and 43.6% subjects were aware of HZ and HZ vaccination, respectively
- Women, younger age group, those with higher income or higher education levels were more likely to be aware of HZ
- 85.8% of subjects aware of HZ were willing to be vaccinated or vaccinate their parents
- The main obstacles for the increased acceptance toward vaccination were the high cost and low perceived risk, which decreased acceptance to 60.2%
- However, physician's recommendation reversed 69.5% of the refusal to accept HZ vaccine

Tae Un Yang et al. Survey on public awareness, attitudes, and barriers for herpes zoster vaccination in South Korea. Human Vaccines & Immunotherapeutics 2015 VACC-1118664-0031 09/2017

## FAQ

### Q. 면역억제 요법을 앞둔 환자에게 조스타박스™를 접종해도 되나요?

- ACIP에서는 면역억제요법을 개시하기에 앞서 최소 14일 이상의 간격을 두고 접종하도록 권고하고 있습니다.<sup>1</sup>
- > 1달의 간격을 두도록 하는 의견도 있습니다.<sup>1</sup>



조스타박스™는 고용량의 코르티코스테로이드를 포함하여 면역억제요법을 받고 있는 환자에는 투여할 수 없습니다  
\*위 내용은 미국ACIP 가이드라인에 근거한 것입니다. 한국MSD에서 가이드하고 있는 사항이 아닙니다.  
1. Harpaz R et al. Prevention of herpes zoster: recommendations of the Advisory Committee on Immunization Practices (ACIP). MMWR Morb Mortal Wkly Rep. 2008;57(RR-5):1-30. VACC-1118664-0031 09/2017

### Q. 항바이러스제를 투여 받고 있는 환자에게 조스타박스™를 접종해도 되나요?

- ACIP에서는 만성적으로 항바이러스제를 (acyclovir, famciclovir, valacyclovir) 복용하는 사람의 경우, 적어도 조스타박스™ 접종 24시간전에 항바이러스제 투약 중지, 백신 접종 후 최소 14일 동안은 약제를 투여하지 않도록 권고하고 있습니다.<sup>1</sup>



**Persons Receiving Antiviral Medications**  
Licensed antiviral medications active against members of the herpesvirus family include acyclovir, famciclovir, and valacyclovir. These agents might interfere with replication of the varicella-zoster virus. Because these agents have relatively short serum half-lives and are quickly cleared from the body, patients receiving acyclovir, famciclovir, or valacyclovir should discontinue these medications at least 24 hours before administration of zoster vaccine if possible. Antiviral medication should not be resumed for at least 14 days after vaccination, by which time the immunologic effect should be established (209).



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1. Harpaz R et al. Prevention of herpes zoster: recommendations of the Advisory Committee on Immunization Practices (ACIP). MMWR Morb Mortal Wkly Rep. 2008;57(RR-5):1-30. VACC-1118664-0031 09/2017

### Q. 당뇨/고혈압 환자에게 접종 가능한가요?

- ACIP 가이드 라인에 따르면, 만성질환 (예, 만성 신부전, 당뇨, 류마티스성 관절염, 만성 폐질환) 이 있는 환자도 금기기에 해당하지 않는 경우 조스타박스™ 접종이 가능합니다.



#### Recommendations for Use of Zoster Vaccine

##### Routine Vaccination of Persons Aged ≥60 Years

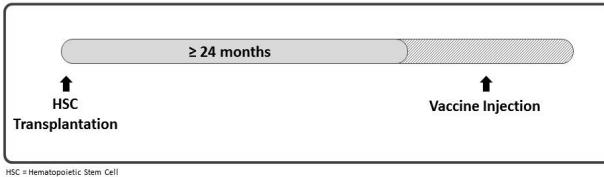
ACIP recommends routine vaccination of all persons aged ≥60 years with 1 dose of zoster vaccine. Persons who report a previous episode of zoster and persons with chronic medical conditions (e.g., chronic renal failure, diabetes mellitus, rheumatoid arthritis, and chronic pulmonary disease) can be vaccinated unless those conditions are contraindications or precautions for vaccination. Individuals who are at risk for acute zoster, to prevent persons with acute zoster from developing PHN, or to treat ongoing PHN. Before routine administration of zoster vaccine, it is not necessary to ask patients about their history of varicella (chickenpox) or to conduct serologic testing for varicella immunity.

Adapted from CDC.

\*위 내용은 미국ACIP 가이드라인에 근거한 것입니다. 한국MSD에서 가이드하고 있는 사항이 아닙니다.  
1. Harpaz R et al. Prevention of herpes zoster: recommendations of the Advisory Committee on Immunization Practices (ACIP). MMWR Morb Mortal Wkly Rep. 2008;57(RR-5):1-30. VACC-1118664-0031 09/2017

## Q. 조혈모세포 이식 받은 환자에게 조스타박스™를 접종해도 되나요?

- According to ACIP guideline, HCPs should Assess the immune status of the recipient on a case-by-case basis to determine the relevant risks. If a decision is made to vaccinate with zoster vaccine, the vaccine should be administered at least 24 months after transplantation.



\*위 내용은 미국ACIP 가이드라인에 근거한 것입니다. 한국MSD에서 기여드이고 있는 사항이 아닙니다.

1. Harpas R et al. Prevention of Herpes Zoster recommendations of the Advisory Committee on Immunization Practices(ACIP). Morbidity and Mortality Weekly Report(MMWR) 2008;57(RR-5): 1-30.

## Q. 접종 후 언제 효능이 생기나요?

- 조스타박스는 수두-대상포진 바이러스에 대한 면역을 증강(boosting)시켜 작용을 나타냅니다.<sup>1</sup>

- 대상포진 예방 시험(SPS)의 substudy에서는 조스타박스 투여 6주 후 수두-대상포진 바이러스에 대한 면역원성을 확인하였습니다.<sup>2</sup>
- 수두-대상포진 바이러스에 대한 세포매개 면역반응(cell-mediated immunity, CMI)은 수두-대상포진 바이러스 감염이 있었던 사람에게 나타날 수 있는 기왕성 반응으로 예상되며 백신 접종 후 1~3주에 최대로 나타납니다.<sup>2,3,4</sup>



Recommendations and Reports June 6, 2008 / Vol. 57 / RR-5

recipients throughout the dosage range used in the Shingles Prevention Study (189). Peak CMI responses were present 1–3 weeks following vaccination (187,190,191), as would be expected for anamnestic responses that occur in persons with previous VZV infection. The impact of age

Adapted from CDC

<sup>1</sup>SPS: Shingles Prevention Study  
1. ZOSTAVAX US prescribing information. Merck & Co., Inc.  
2. Harpas R et al. Prevention of Herpes Zoster recommendations of the Advisory Committee on Immunization Practices(ACIP). Morbidity and Mortality Weekly Report(MMWR) 2008;57(RR-5): 1-30.

3. Food and Drug Administration. Biological Products Advisory Committee. 2005. Available at <[http://www.fda.gov/bbs/dockets/ac05deldocs-119882\\_1.pdf](http://www.fda.gov/bbs/dockets/ac05deldocs-119882_1.pdf)>. Accessed on Sep 21, 2015

4. Schmid G, Tammie J, Tyring SK, et al. Immunogenicity, kinetics of IgG-specific CD4+ T-cell eIFN production and safety of a live attenuated Oka/Merck zoster vaccine in healthy adults ≥50 years of age [Abstract: 857]. 44th Annual Meeting of IDSA. Oct. 12–15, 2006, Toronto.

5. Sperber SJ, Smith BV, Hayden FG. Serologic response and reactogenicity to booster immunization of healthy seropositive adults with live or inactivated varicella vaccine. *Antivir Res* 1992;17:213–22.

## 성인예방접종 -노후를 위한 준비

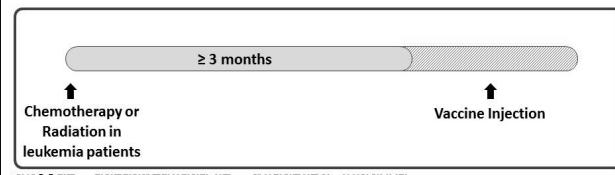


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## Q. 항암제를 투여 받고 있는 환자에게 조스타박스™를 접종해도 되나요?

### • ACIP Guideline:

- Zoster vaccine should not be administered to persons with leukemia, lymphomas, or other malignant neoplasm affecting the bone marrow or lymphatic system
- However, patients whose **leukemia** is in remission and who have not received chemotherapy (e.g., alkylating drugs or antimetabolites) or radiation for at least 3 months can receive zoster vaccine.



\*위 내용은 미국ACIP 가이드라인에 근거한 것입니다. 한국MSD에서 기여드이고 있는 사항이 아닙니다.

1. Harpas R et al. Prevention of Herpes Zoster recommendations of the Advisory Committee on Immunization Practices(ACIP). Morbidity and Mortality Weekly Report(MMWR) 2008;57(RR-5): 1-30.

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## Q. 타백신과 동시 접종할 수 있나요?

- 조스타박스와 모든 다른 백신과의 동시 접종에 관한 데이터는 없으나 ACIP 권고사항에 따르면 생백신과 사백신은 동시접종 할 수 있습니다.<sup>1</sup>

### \*ACIP 권고사항<sup>2</sup>

백신 조합	최소 접종간격 권고사항
두가지 이상의 사백신	병용투여 가능
생백신과 사백신	병용투여 가능
두가지 이상의 생백신	병용투여하지 않는다면, 최소 28일의 간격을 두고 접종

\*사백신 예시: A형 간염 백신, B형 간염 백신, 디프테리아/파상용/백일해 백신, 인플루엔자 사백신 등<sup>3</sup>

<sup>1</sup> 조스타박스 제품설명서 - 상호작용 조스타박스와 페禳구균풀리사이카라이드백신의 병용투여는 조스타박스의 면역활성을 감소시키므로, 조스타박스와 페禳구균풀리사이카라이드백신은 병용투여하지 않습 니다.<sup>4</sup>

<sup>2</sup> Harpas R et al. Prevention of Herpes Zoster recommendations of the Advisory Committee on Immunization Practices(ACIP). Morbidity and Mortality Weekly Report(MMWR) 2008;57(RR-5): 1-30.

<sup>3</sup> 이국철. 예방접종 대상 감염병의 예방과 관리 제 4판 수정판. 질병관리본부. 2011

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## 1. HPV and related disease

HPV : Human papillomavirus (인유두종바이러스)

www.moph.go.kr

### 인유두종 바이러스 (HPV : Human papillomavirus)



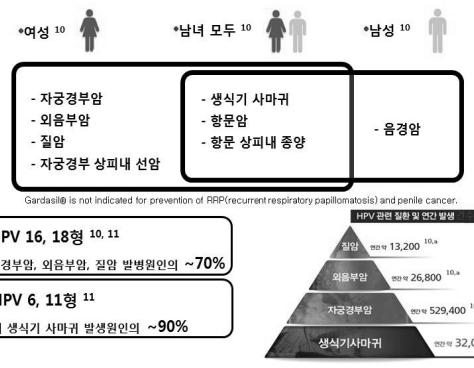
- >190 types identified<sup>2</sup>
- ≥30–40 anogenital<sup>2,3</sup>
- ~15–20 oncogenic<sup>4,5</sup>  
HPV 16 and HPV 18 types account for the majority of all cervical cancers.<sup>4,5</sup>
- Non-oncogenic<sup>\*\*</sup> types  
HPV 6 and 11 are responsible for >90% of genital warts.<sup>5</sup>

\*High risk, \*\* Low risk.

1. Howley PM, Lewin AJ, In: Knipe DM, Howley PM, eds. *Fields Virology*. 4th Edition. Philadelphia, PA: Lippincott, Raven; 2001:2107–2229. 2. Schiller JT. Human papillomavirus vaccines: past, present, and future. *Nat Rev Immunol*. 2004;4:39–46. 3. D’Souza Z, Fife C, Kiviat K, et al. Evaluation of Genital Warts. Disease Burden and Prevention. *Clin Infect Dis*. 2002;35(suppl 2):S210–S224. 4. Muñoz N, Bosch FX, Castellsagué X, et al. AGAINST WHICH HUMAN PAPILLOMAVIRUS TYPES SHALL WE VACCINATE AND SCREEN? THE INTERNATIONAL PERSPECTIVE. *Jr Cancer*. 2004;111:279–285. 5. Jansen KU, Shaw AR. HUMAN PAPILLOMAVIRUS VACCINES AND PREVENTION OF CERVICAL CANCER. *Annu Rev Med*. 2004;55:329–351.

VACC-115137-000

### HPV는 다양한 생식기 질환을 일으킬 수 있습니다.<sup>10</sup>



Gardasil® is not indicated for prevention of RRP(recurrent respiratory papillomatosis) and penile cancer.

- HPV 16, 18형<sup>10,a</sup>  
자궁경부암, 외음부암, 질암 발병원인의 ~70%

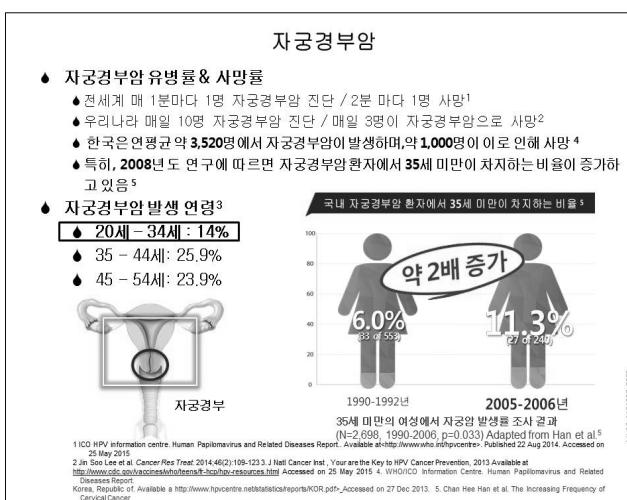
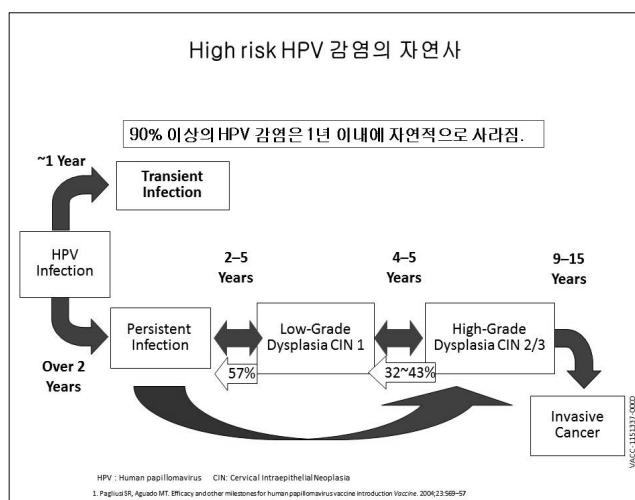
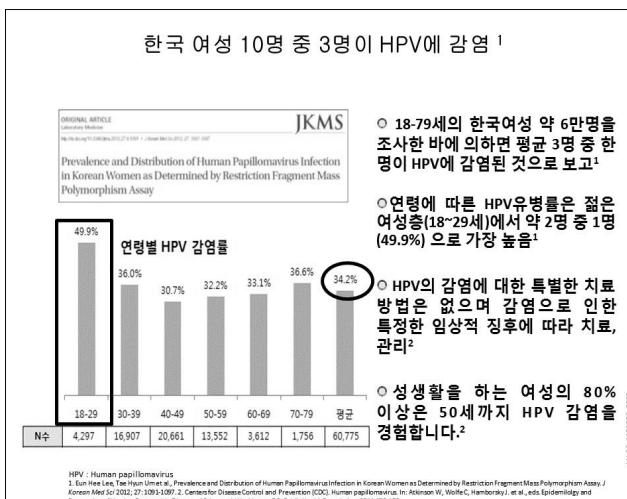
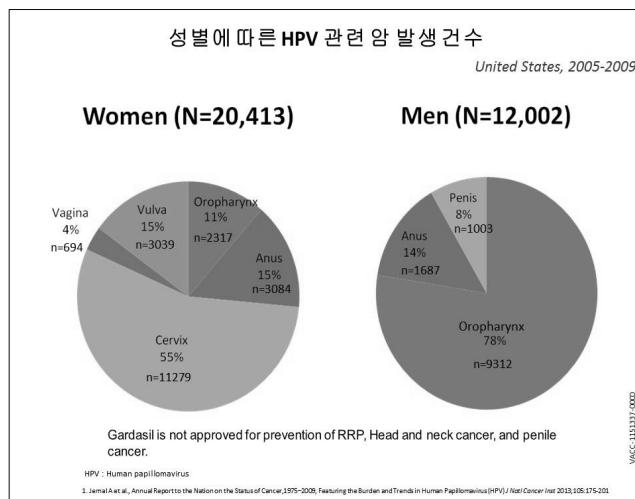
- HPV 6, 11형<sup>11</sup>  
전체 생식기 사마귀 발병원인의 ~90%

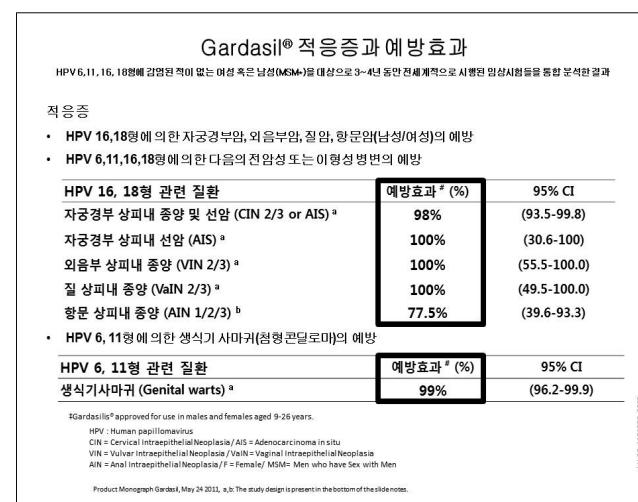
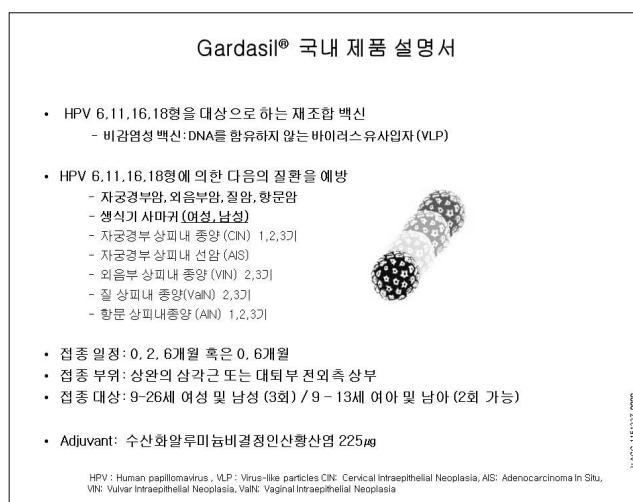
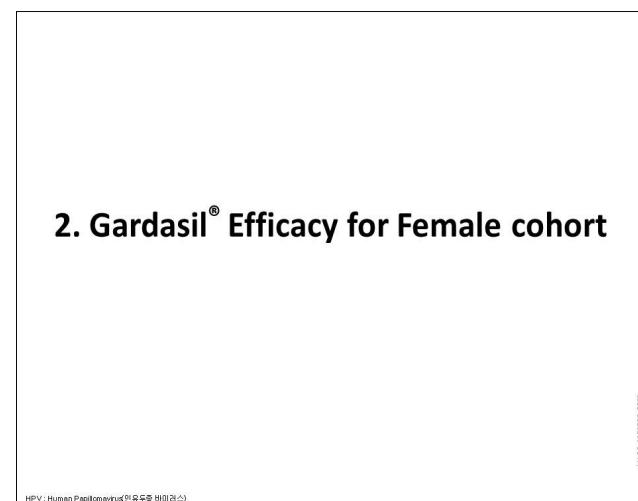
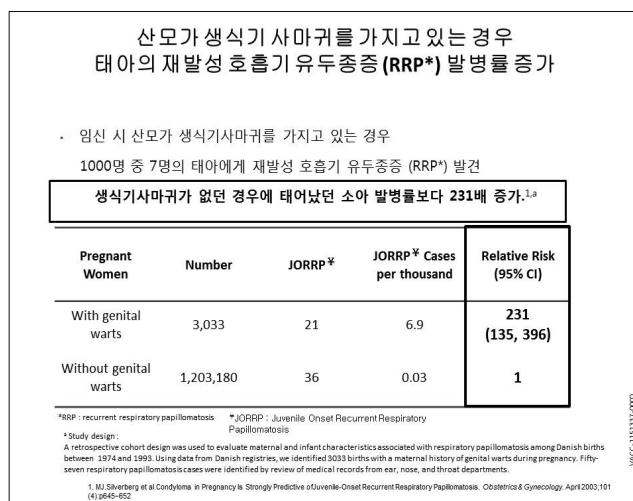
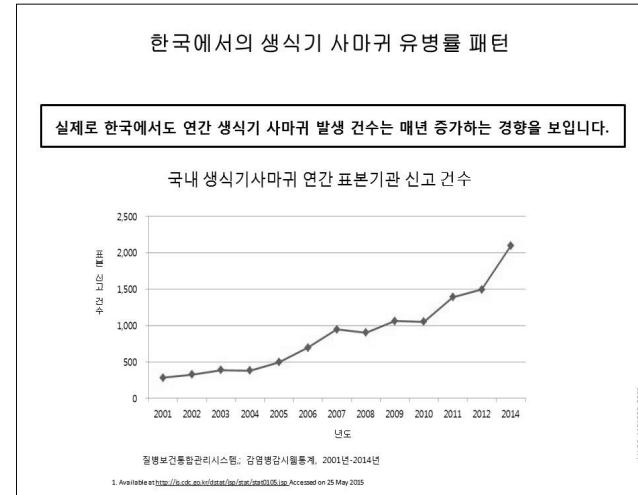
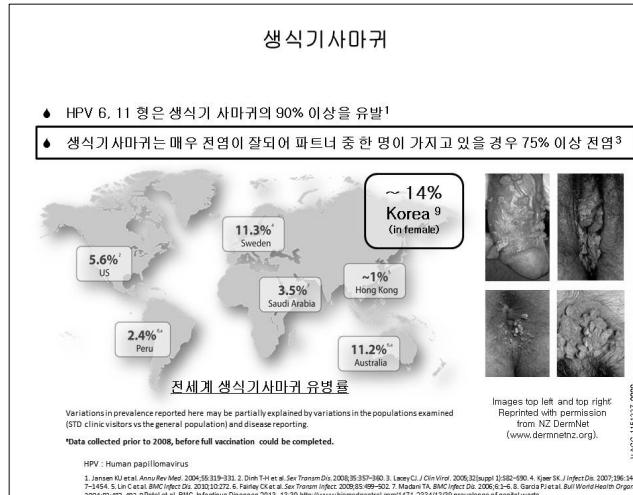
HPV 관련 질환 및 연간 발생률

질암 연간 13,200<sup>10,a</sup>  
외음부암 연간 26,800<sup>10,a</sup>  
자궁경부암 연간 529,400<sup>10,b</sup>  
생식기사마귀 연간 32,000,000<sup>10,b</sup>

a. 2005 WHO/IARC HPV Information Centre data.  
b. 2005 WHO/IARC HPV Information Centre data.  
10. WHO/ICD HPV information centre: Human Papillomavirus and Related Cancers in World: Summary report 2005. Available at: [www.who.int/hpvcentre](http://www.who.int/hpvcentre). Published 10 Nov 2010. Accessed on 23 Apr 2015. 11. Data on file, MSD. STT and TS Presentation 2012; 3-2.

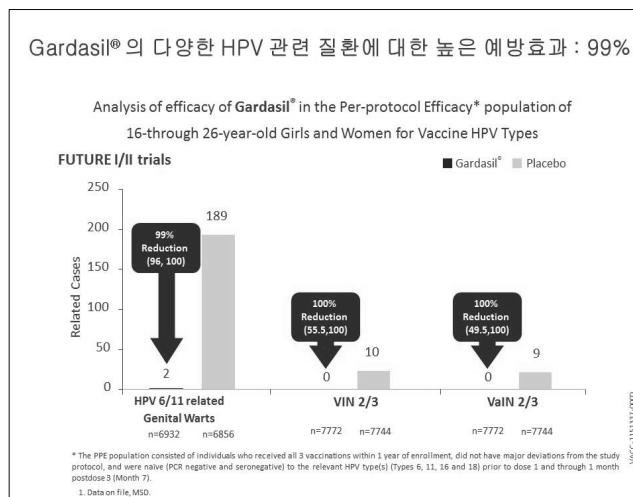
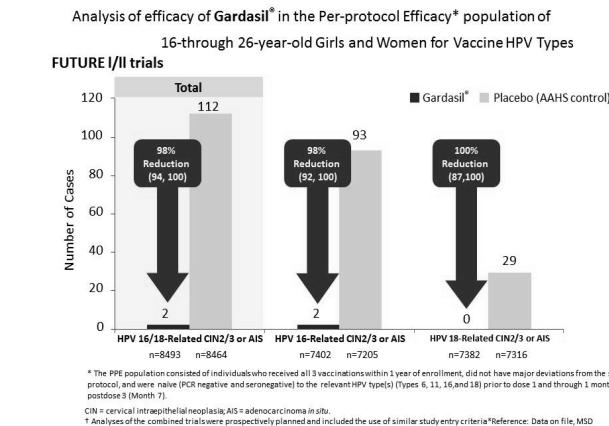
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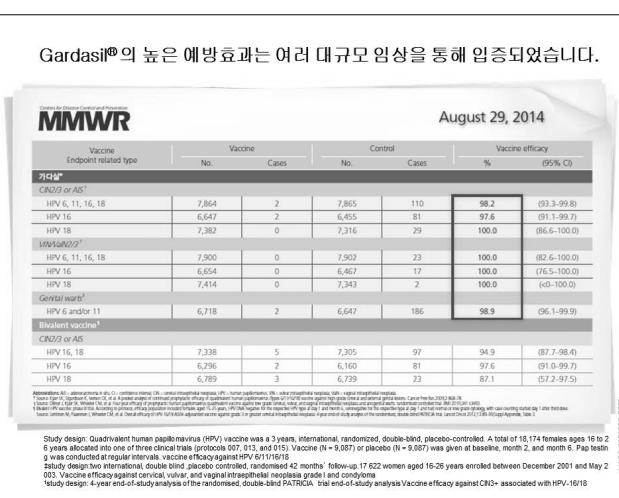
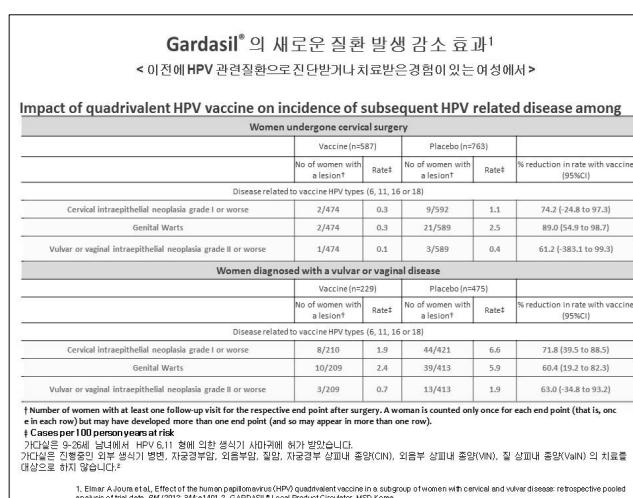
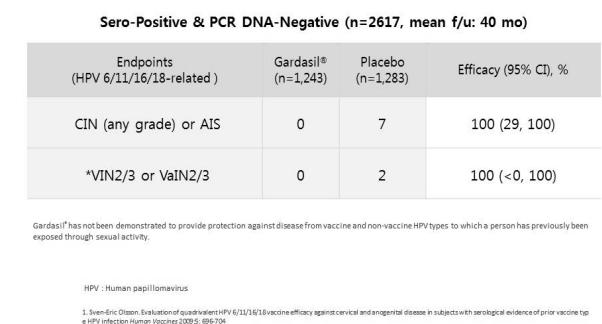


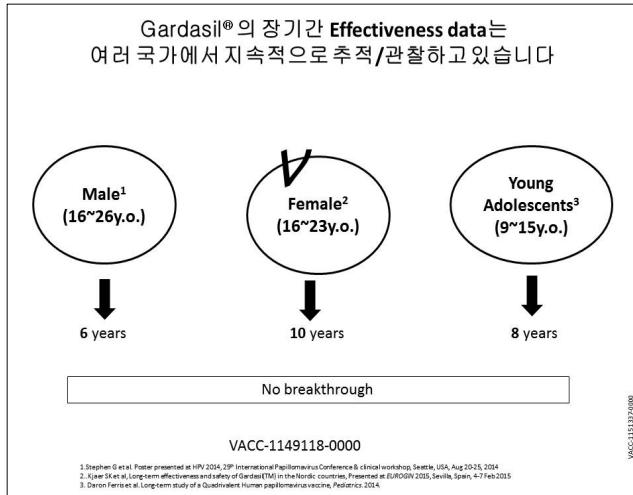
### Gardasil®의 자궁경부전암성/이형성 병변에 대한 높은 예방효과<sup>1</sup> : 98%



### 이전에 HPV 감염이 있었던 여성<sup>§</sup>에 대한 Gardasil®의 높은 예방효과

과거 HPV에 감염되었다가 현재는 DNA detection이 되지 않는 여성 2,617명을 대상으로 Gardasil®의 효과를 분석한 결과.





**Long-Term Effectiveness Data of Gardasil® (Female 16-23 yrs)**

EUROGIN HOMEPAGE FRIDAY, MAY 15, 2015  
**EUROGIN 2015**  
International Multidisciplinary Congress

**OC 6-1**  
**LONG-TERM EFFECTIVENESS AND SAFETY OF GARDASIL™ IN THE NORDIC COUNTRIES**

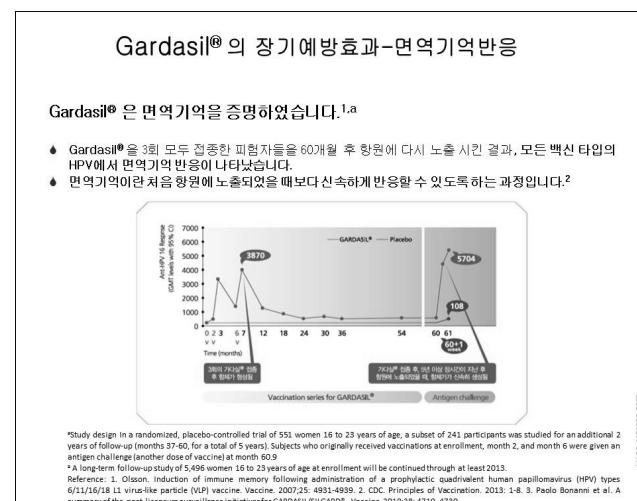
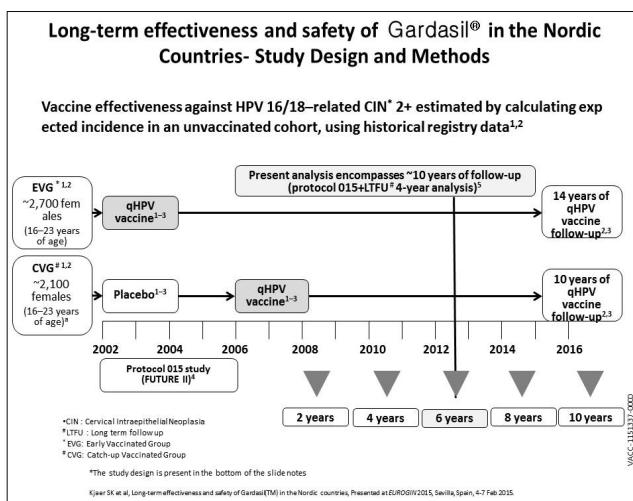
**Kjaer SK<sup>1,2</sup>, Nygård, M.<sup>3</sup>, Dillner, J.<sup>4</sup>, Munk C.<sup>1</sup>, Marshall, B.<sup>5</sup>, Hansen, B.T.<sup>3</sup>, Sigurdardottir, L.G.<sup>6</sup>, Holtlund, M.<sup>4</sup>, Tryggvadóttir, L.<sup>6</sup>, Saah, A.<sup>5</sup>**

1. Unit of Virus, Lifestyle & Genes, Danish Cancer Society Research Center, Copenhagen, Denmark; 2. Gynecologic Clinic, Rigshospitalet, University of Copenhagen, Copenhagen, Denmark; 3. Department of Research, Cancer Registry of Norway, Oslo, Norway; 4. Department of Medical Microbiology, Skåne University Hospital, Malmö, Sweden; 5. Merck, Sharp & Dohme, Whitehouse Station, NJ, USA; 6. Icelandic Cancer Registry, Icelandic Cancer Society, Reykjavik, Iceland

**FUTURE II – Nordic study: Female (16-23 years old)**

VACC-1149118-0000  
VACC-1151337-0000

1. Kjaer SK et al. Long-term effectiveness and safety of Gardasil™ in the Nordic countries. Presented at EUROGIN 2015, Sevilla, Spain, 4-7 Feb 2015.



**국내 Gardasil® 적응증 추가 history**

Gardasil ® 최초허가 (2007. 05. 03) <sup>1</sup> 인유두종바이러스(Human Papillomavirus)의 감염으로 인한 암, 전암성 병변 또는 이형성 병변, 생식기 사마귀 및 감염의 예방 9~26세 여성/9~15세 남성
MAW interim data 추가 (2008. 10. 04) <sup>2</sup> 26~45세 여성에서의 유호성 및 면역원성 데이터 추가 자궁경부암, 외음부암, 질암, 생식기 사마귀, 자궁경부상피내 선암(AIS), 자궁경부상피내 신생물(CIN) 1-3기, 외음부 상피내 신생물(VIN) 1-3기, 질 상피내 신생물(ValN) 1-3기
적응증 추가 (질암/외음부암) (2009. 11. 25) <sup>3</sup>
적응증 확대 (9~26세 남성) (2011. 11. 15) <sup>4</sup>
적응증 추가 (항문암/항문상피내 종양 (AIN)) (2013.07.25) <sup>5</sup>
9~13세에 대한 2회 접종 일정 추가 (2014. 09. 02) <sup>6</sup>

1. 식약처 안전성유표성검증서 2007, 2. 식약처 안전성유표성검증서 2008, 3. 식약처 안전성유표성검증서 2009  
4. 식약처 안전성유표증명서 2011, 5. 식약처 안전성유표증명서 2013, 6. 기간별 LP-C, 2014

VACC-1151337-0000

### Gardasil® 2회 접종 허가 사항

**기존 허가사항<sup>1</sup>**  
9~26세 여성 및 남성에게, 다음의 접종 일정에 따라 1회 0.5 mL 씩 3회 근육주사한다.

- 1차접종: 방문일
- 2차접종: 1차 접종으로부터 2개월 후
- 3차접종: 1차 접종으로부터 6개월 후

**변경된 현재 허가사항<sup>3</sup>**  
9~26세 여성 및 남성에게, 다음의 접종 일정에 따라 1회 0.5 mL 씩 3회 근육주사한다.

- 1차접종: 방문일
- 2차접종: 1차 접종으로부터 2개월 후
- 3차접종: 1차 접종으로부터 6개월 후

**9~13세에 대하여 이 백신을 2회 접종 일정(0, 6개월)에 따라 접종할 수 있다.**

\*The study design is present in the bottom of the slide notes.  
 1. 가디언 LHC, July 25 2013; 2. Simon R, M. Dobson, MD, et al. Immunogenicity of 2 Doses of HPV Vaccine in Younger Adolescents vs 3 Doses in Young Women: A Randomized Clinical Trial. JAMA, May 3, 2013-Vol 309, No. 17, 3. 기다일 LHC, Sep 04 2014

**WHO Recommendation on 2 dose regimen**

- 15세 이전의 소아청소년들에게는 2회 접종 가능<sup>1,‡</sup>
- 2회 접종 시, 기본 접종 일정은 0, 6개월 (최소 간격 : 6개월)<sup>1</sup>  
만약 접종 일정이 지연될 경우 12~15개월 안에 2차 접종을 완료<sup>2</sup>
- 15세 이상<sup>‡</sup>이거나, 면역 저하자(HIV 감염 등)인 경우 0, 1~2, 6개월 일정<sup>‡</sup>

예 맞추어 3회 접종 권고<sup>1,2</sup>

**만 9~13세 Gardasil® 접종 스케줄<sup>3</sup>**

**Gardasil®은 9~13세 남아/여아에게 2회 접종 가능하도록 허가 받았습니다.**

1. Weekly epidemiological record (Wkly Epidemiol Rec) 23 May 2014, 89th year No. 21, 204; 85, 221-236  
 2. Schutze M. Human papillomavirus vaccines WHO position paper. WHO 2014;43:465-492  
 3. 기다일 LHC, Sep 04 2014

### Gardasil® 2회 접종의 근거<sup>a</sup>

- 임상 목적: 예방효과가 입증된 16~26세 여성 대상 Gardasil® 3회 투여 시의 면역원성과 9~13세의 여아 대상 Gardasil® 2회 투여 시의 면역원성 비교
- 임상 디자인: 연령, 접종 횟수에 따라 3 그룹으로 나누어 면역원성 평가 (36개월 추적 조사)

	9~13세 여아	16~26세 성인 여성	
	Group 1	Group 2	Group 3
Dose Regimen	2 dose	3 dose	3 dose
Dosing Schedule	0, 6개월	0, 2, 6개월	0, 2, 6개월
Cohorts	259명	261명	310명

\*Study design : Randomized, phase 3, postlicensure, multicenter, age-stratified, noninferiority immunogenicity study of 830 Canadian females from August 2007 through February 2011. Follow-up blood samples were provided by 675 participants (81%).

1. Simon R, M. Dobson, MD, et al. Immunogenicity of 2 Doses of HPV Vaccine in Younger Adolescents vs 3 Doses in Young Women: A Randomized Clinical Trial. JAMA, May 3, 2013-Vol 309, No. 17.

### Gardasil® 2회 접종의 근거<sup>a</sup>

- 임상 결과: 여아 2회 접종 시 항체가 성인 여성 3회 접종 항체가에 비해 열등하지 않았으며 안전성과 내약성을 입증 하였음<sup>1,a</sup>

Immunogenicity was assessed at 7 months in ITT (intention-to-treat) population. (1 month after the last dose)

Assay(LIA)	Group1: 9-13 y.o females (2 dose)	Group2: 9-13 y.o females (3 dose)	Group3: 16-26 y.o females (2 dose)			
	N	GMT(95% CI)	n	GMT(95% CI)	n	GMT(95% CI)
Anti-HPV6	253	2117(1787-2508)	254	1876(1585-2221)	300	943(807-1101)
Anti-HPV11	254	2339(2088-2619)	256	2117(1891-2370)	300	1268(1143-1408)
Anti-HPV16	254	7344(6310-8547)	256	7736(6651-8999)	300	3545(3083-4076)
Anti-HPV18	254	1169(1021-1338)	256	1730(1512-1980)	300	664(566-752)

HPV : Human Papillomavirus(인유도움 바이러스) GMT : geometric mean titer  
 1. Simon R, M. Dobson, MD, et al. Immunogenicity of 2 Doses of HPV Vaccine in Younger Adolescents vs 3 Doses in Young Women: A Randomized Clinical Trial. JAMA, May 3, 2013-Vol 309, No. 17.  
 2. Smolen KK, Gelinas L, Franzen L, et al. Age of recipient and number of doses differentially impact human B and T cell immune memory responses to HPV vaccination. Vaccine. 2012;30(24):3572-3579.  
 \*The study design is present in the bottom of the slide notes.

### 어릴 수록 HPV 백신에 대한 높은 면역원성을 보임

- Gardasil®의 면역원성은 소아청소년군에서 보다 높게 나타났습니다.<sup>1</sup>
- Gardasil®은 소아 청소년은 물론 성인 여성을 대상으로 예방 효과를 입증하였습니다.<sup>2</sup>

Per-protocol immunogenicity (PPI) population (ages 9-26)\* Neutralizing anti-HPV 6 GMTs at month 7

Serum CLIA\*\* GMT with 95% CI, mMMU/mL

Age at Enrollment 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23

Males + Females Females Only

VACC-1151374000

\*Inclusive of first study protocol (all GMTs measured using CLIA); \*\*CLIA-compatible Luminescence Immunoassay  
 1. Data on file, MSD. 2. Dose Ferriari et al. Long-term Study of a Quadrivalent Human Papillomavirus Vaccine Pediatric 2014;134:e657

### 소아청소년에게서의 HPV 백신 접종이 중요한 이유

- HPV에 노출되기 이전의 연령에 접종하는 것이 중요
- 최근 연구 결과들에 따르면, 이런 연령의 소아 청소년에게서도 성 경험이 있는 것으로 나타남

Cohorts that have had intercourse, %

Age at first intercourse, Years

United States. Adapted from Henry J. Kaiser Family Foundation

HPV : Human papillomavirus  
 \*Merck/Mitsubishi MMWR 2007; Holl-Henry J Kaiser Found 2003; Morb Mortal Wkly Rep 2006

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#### 4. Gardasil® in NIP - Other countries case

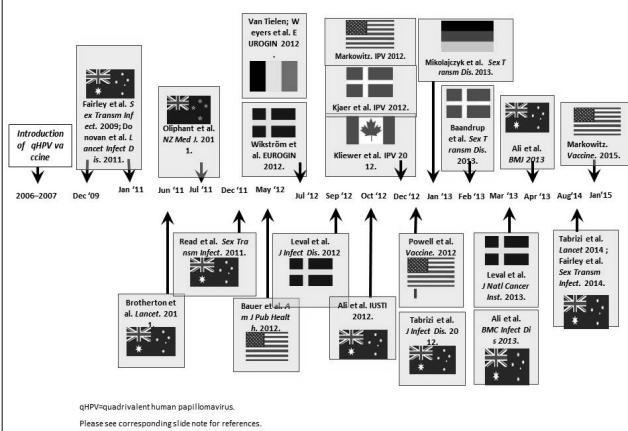
In Korea, Gardasil® vaccination is not included in NIP.  
NIP : National immunization program (국가 필수 예방접종 프로그램)

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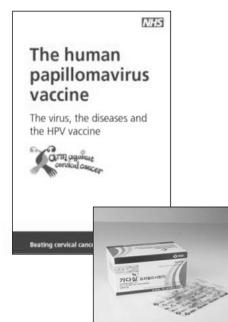


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#### Impact of Gardasil® in Public Vaccination Programs: Select Reports as of Feb 2015<sup>1-24</sup>



#### 영국 정부, NIP 2가 백신에서 Gardasil®로 대체



\*NHS - National Health Service, HPV - Human papillomavirus(인유도증바이러스)  
National centre for immunisation Research & surveillance. HPV vaccines for australians: information for immunisation providers. NCIRS fact sheet. 2013

- 영국 정부는 2008년 자국 회사 백신인 2가 백신으로 NIP 시작
- 3년 후 NIP 백신 재계약 시, 생식기사마귀 등 추가적인 질환에 대한 예방 효과 및 비용-효과 측면 고려 하여 Gardasil®로 변경

VACC-1151337-000

#### 영국 조사 결과 Gardasil®은 2가 백신 대비 QALY & 의료비 절감에 효과적 a

QALY - Quality-Adjusted Life Year

The Health Protection Agency suggested **Gardasil has higher QALY and median cost saved level than Bivalent HPV vaccine.**



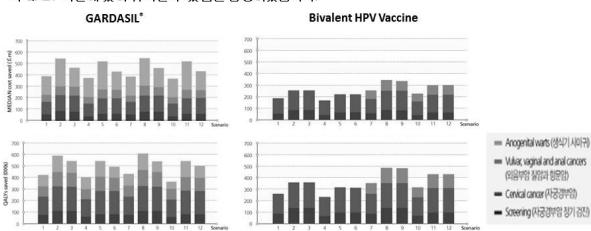
- In the base case, authors assumed that the bivalent and quadrivalent vaccine had the same duration as protection against vaccine types.
- Use of the quadrivalent vaccine is expected to decrease the incidence of vaccine type (HPV 6, 11) warts by up to 95%, if duration of protection is lifelong.
- Quadrivalent HPV vaccination may prevent 430 (380–490) to 630 (950–670) vulvar, vaginal cancers a year by 2109.

\*The study design is present in the bottom of the slide notes  
Mark Jit et al, Comparing bivalent and quadrivalent human papillomavirus vaccines: economic evaluation based on transmission model, BMJ 2011;343:d5775

#### 영국 조사 결과 Gardasil®은 2가 백신 대비 QALY & 의료비 절감에 효과적 a

QALY - Quality-Adjusted Life Year

- 영국의 남성 및 여성은 대상으로 각 백신의 보험 적용증, 장기간의 면역원성 등을 고려하여 QALY 및 Median Cost saved(의료비)를 비교한 결과 Gardasil®은 다음 질환에 대해 2가 HPV 백신보다 의료비와 QALY 측면에 있어 유리할 수 있음을 입증하였습니다.



\*The study design is present in the bottom of the slide notes  
Mark Jit et al, Comparing bivalent and quadrivalent human papillomavirus vaccines: economic evaluation based on transmission model, BMJ 2011;343:d5775

VACC-1151337-000

